

# YOGI TIMES



## Dr. Roopal PATEL

Dr. Roopal Patel aka Miss Spunky Globetrotter. A Dentist, a Fanatic Yogini, an Administrator of a yoga institute, a Mother and an adventurous Indian woman with an insatiable and burning desire to explore the world. My claim to fame: Atlas in my hands, adventure in my eyes and never-ending wanderlust in my veins. Never settle for a life that's anything short of extraordinary. I firmly believe in serendipity and happy endings, and live by the phrase *zindagi lambi nahi badi honi chahiye* &hellip; life need not be long, it should be big.

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